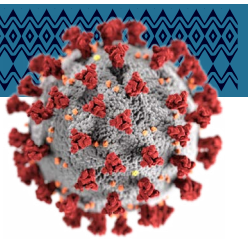
CORONAVIRUS COVID-19 KHIAMNIUNGAN



1. CORONAVIRUS NUNG TEI ?

Coronavirus nung Imkia sung thainian tsutekünai khaiunia sunnetsün akia sung ongko atsongting tsak noin. Khaiunia nüta nung sung tsangkü ilouau tsümeikü naiuso tsongkü yalou nü tikkü thsüokü Middle East Respiratory Syndrome [MERS] naiuso Severe Acute Respiratory Syndrome [SARS] Kia li iulaji.

2. COVID - 19 NUNG TEI?

COVID - 19 nung asoun-e tsün akia naiuso akia ayan thathsüotsün imkia nian tsak noin. Nung ayan sung naiuso akia Wuhan, China ai December 2019 nai yakü epsantsun tsak noin.

3. COVID-19 AKIA-II TEILÜSONG NOINJI?

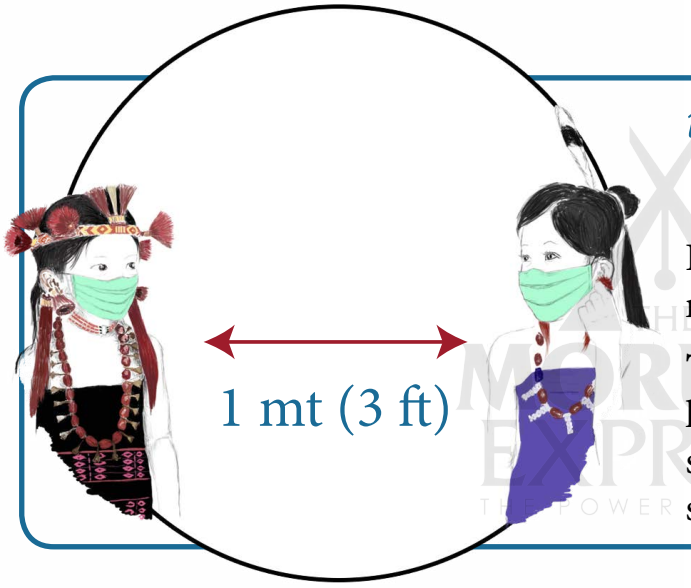
- Khaiokiashi, ouchankü, naiuso waiolak tsü sungkü waiotsun.
- Ajantso nganpang-e, nyan sao-e, atsang tsang-e.
- khaiunia ajantso tu akia sunlou luko tei akia-ii tsüshi tsat-e.
- khaiunia ajantso tu ilu-au tsüshiukü thata angja-e. Paosije hai naiuso she piakü, mongpem kiakü, chenyi kia noitsünso do shakta nung akia nü ngesan-e.
- Khaiokiashi, awaio naiuso ilu angjakü noi nai moushe tsam shakta lu yam.

4. TITEI THE KÜ NUNG AKIA NÜKO THAKHU KÜ NOI-E NAIUSO TSÜSUN PENG -E?

i. Paiku jam pha nu tsaowanau noin:

Pha nü paikü jam tsovei naiuso moushe hakü tsaoau noin.

Tiau? Nung tsangkü apha ai sungpo taiutsün ean-e.



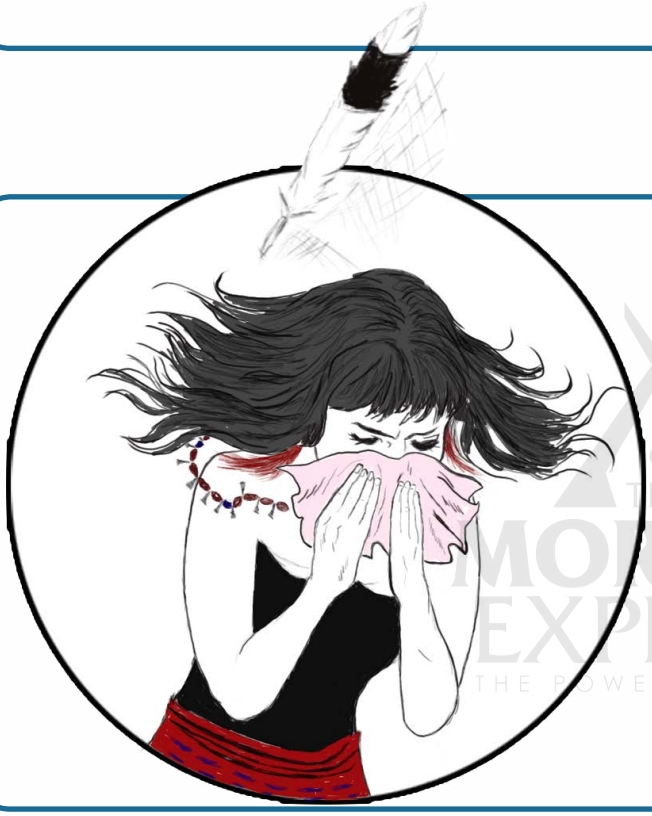
ii. Hoi ongai tsakei nai chet-e ku taiuau noin.

Hoi ongai tsakei nai metre tsak thatsü chet-ekü taiuau noin naiuso ajantso awaio tsutekünai hachiu ngou nai.

Tiau? Ajantso awaio tsutekunai hachiu ngou nai ngüso lesang suk shitsün ko akia sunghakü noi-e. Ni thata shimkü noi nai akia sung COVID - 19 nungso ilu nai supthio-wan-e.

iii. Niovei, ngan naiuso sun nungsoai tsüthan au noin.

Tiau? Pha nai akia sung po taiutsun nü nung tsangkù pem nai napkhuanau noin.



IV. Asaichi kamshiluku naiuso sioku theau noin.

Tilai ngan ngou-e asaichi chongtsam ma tsütekünai pha nu sun thajeikü theau lüko-e.

Tiau? Nung tsangkü COVID - 19 naiuso amao imkia nai lüko thakhu-au shio.

v. Shakta moshe yam au noin.

Ni khaiokiashi, awaio naiuso ilu angjakü sung nai shakta nokom nai moshe yamai ahe hoi tu yam au noin.

Tiau? Nokom nai naiuso shingkhaniu nai noitsün ahe hoi tsangkü apiating ayam han ep-e.

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Khaiunia Nüh Hoikü Loponglou Tsün [Myth]:

- Alam naiuso aheng nai COVID - 19 sung ean-e.
- Thata tsongkü nai naiuso nyien nüko COVID - 19 sung ean-e.
- Khiam alam nüh penghetsün tsangkü COVID - 19 sung pem nai po taiutsün ean-e.
- Pha lou wai kankei tsün tsangkü COVID - 19 sung ean-e.
- UV tson nüso tsangkü akia sung loat-e.
- Pem nai sung po taiutsün Moushe chiat lut tsün tsangkü akia sung ean-e.
- Tsongkai haotai [garlic] khaiu hetsün tsangkü COVID - 19 sung soun-e tsün ainü thakhuau shio.
- COVID - 19 chenyi jei tsangkü tsüsoun e-e.
- Ashe ehen apem nung akia soun-e ji.

Paosiji hai naiuso ichap, mongpem kia, chenyi kia sunkü noitsünso ta shakta tsou tsukan-e.

- Antibiotics tsangkü nung sung nüko liau tsu shio.
- COVID - 19 kia lomeiau tei moshe mo sung.
- Inkhao shiu naiuso neyma nüh sun kap jei tsün tsangkü thata ahalou tsünoi.

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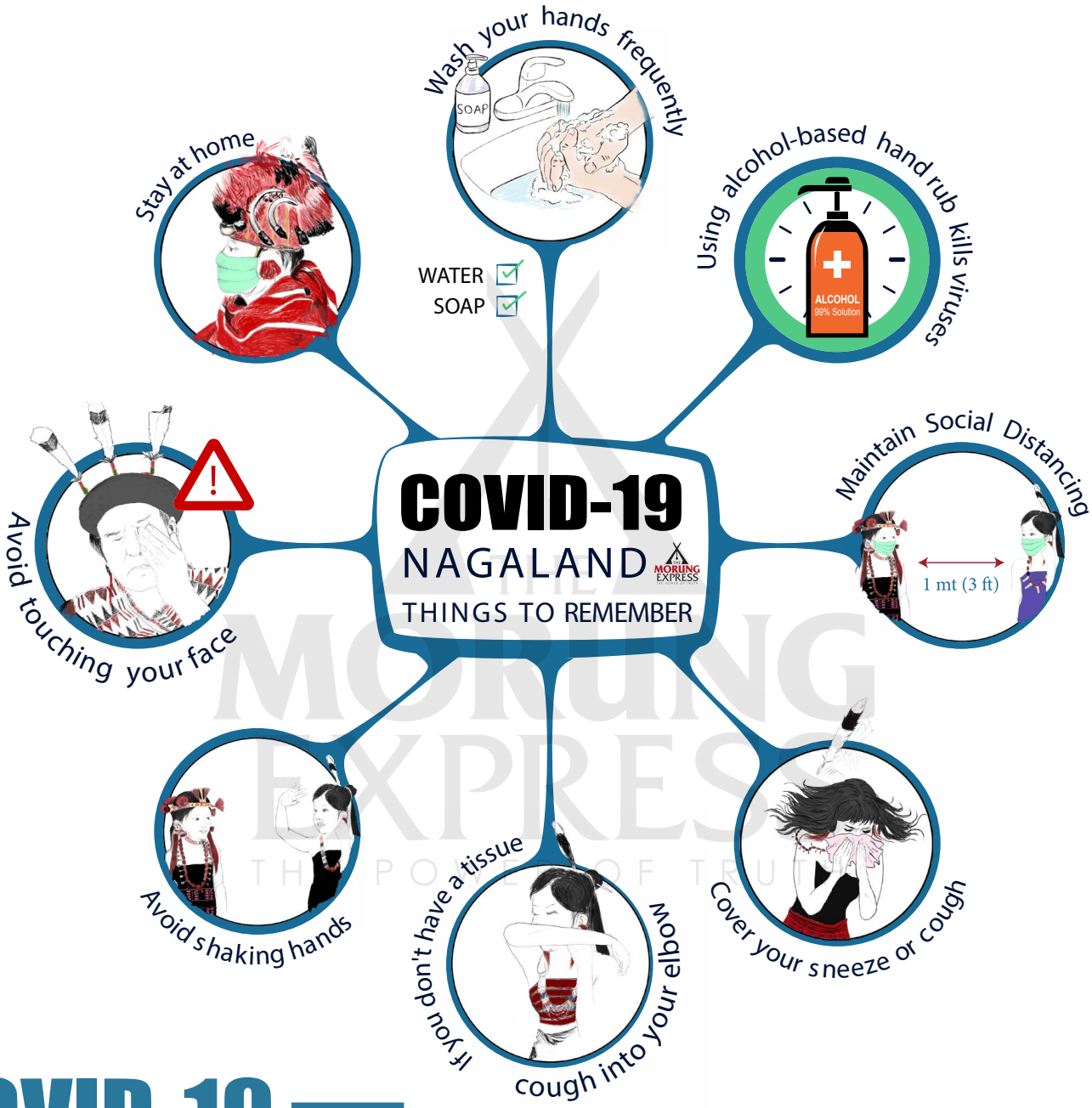

COVID-19
Nagaland HELPLINE

7005415243
9856071745
7005539653
Toll Free no: 1070

@ nlssu.idsp@nic.in

Check For Regular & Official Update on COVID-19 Here:

Department of Health & Family Welfare, Nagland
https://nagahealth.nagaland.gov.in/
@HealthNagaland (Twitter)
& @DHFWNagaland (Facebook)

Ministry of Health and Family Welfare,
Government of India:
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Website : www.morungexpress.com
Instagram : @themorungexpress
Facebook : mex.nagaland and @morungexpress05

Twitter : @morungexpress05
YouTube : The Morung Express
WhatsApp : +91 87878 46184

Thiyushak jihpung: World Health Organisation
Poto thsungkhiak nü Morung Express hote jihchoh.

Disclaimer: The above information provided in this document is solely based on the World Health Organisation's advice for the public on COVID-19 and true to the best of our knowledge. While every care has been taken to ensure accurate translation, any errors of omission or commission are inadvertent due to exigency of the current situation, and can be notified to The Morung Express.