

## 1. Corona virus tichohi adei koe

Corona virus tichohi onghi no nelo kohro Koso Khena omu kaji kali koe, omei ea khemorü khru pfüphe zhamashü pfo-thono koso kono sokapi koso khena koe. Omei vahi Corona koso khena khruhi telo tili osü sülu lokohro koso pratiwe, oramaki nopfo osü koho lokohro koso Middle East Respiratory Syndrome (MERS) ea Severe Acute Respiratory Syndrome (SARS) tto sükow kosohi pratiwe.

## 2. Covid-19 tichohi adei koe?

Covid-19 tichohi echuchu no süpraow kobu Corona koso khena vano kovu kakrei koso ora Kalie. Hibvü kochu kothu kali sow vukow koso khena hi mopfu 2019 ko Okro khro China nusole Wuhan enu fujú leno koso sopra komo dzühi süchomoe.

## 3. Covid-19 koso amashi khrusü adei dei koe?

- Oramaki, oshiphi Phi kochu, ea mothu akhe kocho.
- Kameiko opfüphe nnowo Sotiwe, ongho mothow manghei ea ongho zhi kaba, Korei koso ea morü chale.
- Kameiko koso sü bu-e koso amashi khru ea amazhi tahi nechomoe.
- Covid-19 koso katemei omei 6 leno omei 1 phahi lishi mashi tewo osü phratu kohro hi pratiwe. Ohrü kotsü kotumei, ozhi kopu kakhei (BP) amazhimei, molutho zhükomo ea chinira koso kobu meihino somashü pulozhüe.
- Oramaki, akhe ea osü sülu kocho mazhiwo kobu meisü koleio ileo lerü ngha timoli shüe..

## 4. Kosona Hesüno kohibvüo ala ayi khulole ea peno kala tapumo koru duno adei somolishüe?

### I. Oba chitei zhazhalo

Ozhe (alcohol) kolo khena sokatha oprodzü (senitizer) ea dzükhrüpro (soap) khruno pfo oba odzü akhrü mothu mazhüow khrüzha zhalo.

**Adeisono tili**, Dzükhrüpro ea ozhe prodzü khruhino pfo oba koropfo chiteioli Obava koso khena bu-e sothaowe.

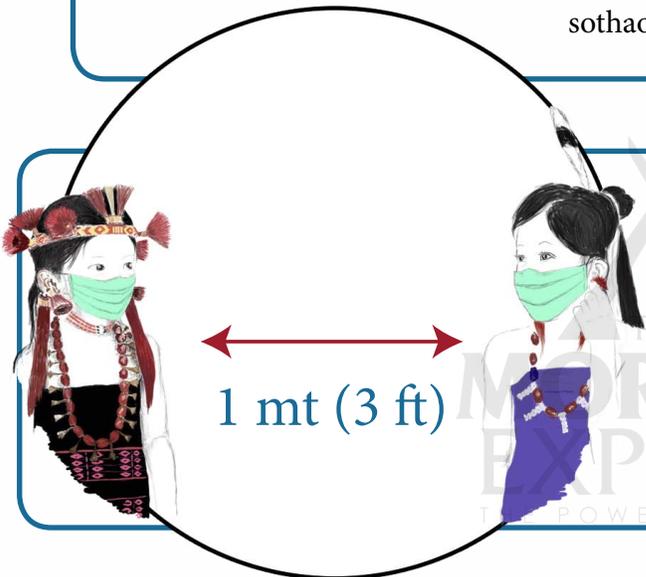


1 mt (3 ft)

### II. Kanako heno dowo kobu

Akhe kochomei moe mangheio (Hachi koso) kobumei heno bakha kaliko dowo bulo.

**Adeisono tili**, Meino akhe ea manheio hachi koso chüti pfole nghomü Leno odzüpo katiti khru Kofü kapra leti koso kashü khena bulozhüe. Nino lomei hesü kanghio buteli odzüpo kofü kapra khrusü süluho lozhüe ea lomei süno covid-19 koso sü tewo buli niva kala lozhüe.



### III. Ongho, onghi ea omü deilo kohroso aveilo

**Adeisono tili**, nibasü ona otatali deiwo Chüma tawe, sülesüno koso kkena sü nibava tilozhüe ea sütoko nibavano ningho, nighi ea nimüsü deiwo koso kkenasü nipfüpheva Lolowo koso kono solozhüe.



### IV. Mothuwo osü sülu kocho odokei modolo

Ni ea nipu Kohe kobumei nupu mothuwo osü sülu kocho odokei khrusü fülo. Süsü addie tili, nileno akhewo manghai kowchi larü monu, osa sakrü moe niba chichibo kokhei lowo onghomü khruti dulo. Sütoko larü monu khrusü pfpumo pfo koku thileio molishüe.

**Adeisono tili**, odzüpo khruvano koso kkena kala Lowe. Mothuwo sülu kocho odokei sü füloli nipu kobu meiyisü koso kkena vano mokhro Kovu, oramaki ea covid-19 khrusü khulole.

### V. Chonho likono ni oramaki akhe ea osü sülu kocho mazhiwo buli, koleio oprava khruno chiku ile ngha tilo

Ni orazhümo butili chühe bulo. Ni oramaki, akhe ea sülu kocho mazhiwo buli oprava koleio ile ngha tilo. Koso kolei kochumei ea achithimeino pekapi thesü füwo koleilo.

**Adeisono tili**, nusole ea ohele kopfü kopfo khruveino nipu kohe khru adei vuwo prae tichosü süwe.

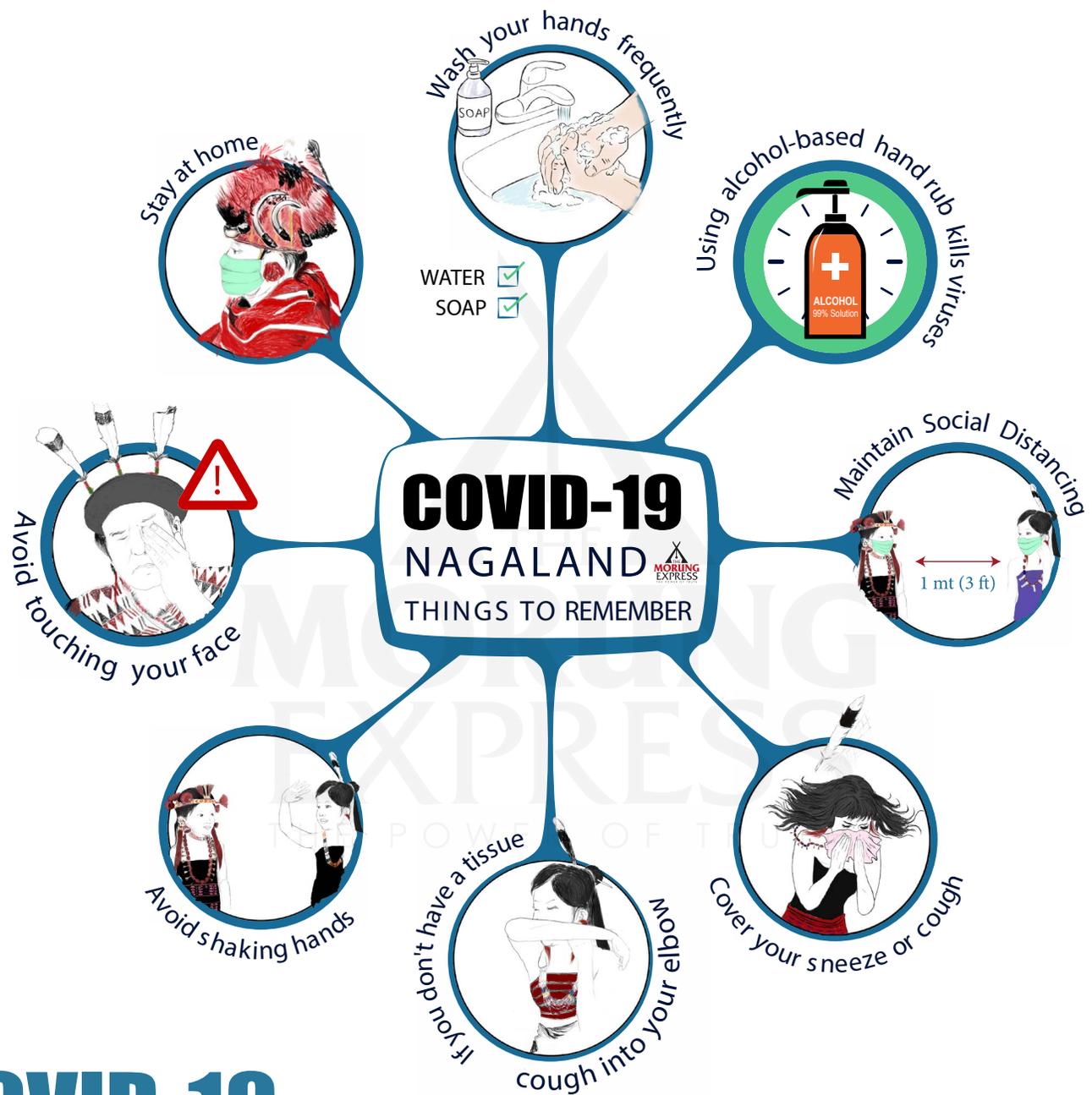


## **Sütoko-e molo tto loachichu:**

- Chikhrei chirü kolu hino covid-19 koso khena sü Kala kochu nulowe.
- Chikhrei chirü make ea ovumara hino covid-19 sotha Lowe.
- Dzülü no pfo dzükhrü woli covid-19 khulowe.
- Chikhreino pfo oba nghümothu kowo tino covid-19 sotha mazhüpuwe.
- Chinghi kava no pfo omibvü koso(UV lamp) tino koso khena sotha Lowe.
- Ozhe(alcohol) shokochu moe ozhe ea Chlorine prodzü khruno pfüphe kozüvu loli opfüpheva kobu koso khena sü sothalowe.
- Shimoro (Garlic) tololi covid-19 kala kochu khulowe.

## **Kochüchu vuzüe tichokhru:**

- Thokro thosü kotu vano covid-19 kala lohroe.
- Omeihrü okhra thopfü kala lozhüe. Kokro koliso kotsümei, molu zhükomomei, chinira kobumei ea osü amazhimei no somashipuwo newe.
- Koso khuo nu kochu oprova hino koso hinahi khulo chomoe.
- Oprova hinahino covid-19 koso khulowe moe somazhü Lowe tokocho hi hoe



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*Kotuda kapi: World Health Organisation  
 Moso amazhi duno Morung Express tano matapiwe.*

*Disclaimer: The above information provided in this document is solely based on the World Health Organisation's advice for the public on COVID-19 and true to the best of our knowledge. While every care has been taken to ensure accurate translation, any errors of omission or commission are inadvertent due to exigency of the current situation, and can be notified to The Morung Express.*