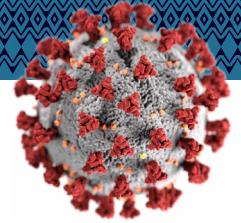


CORONAVIRUS COVID-19 TENYIDIE



1. Coronavirus khu hau kimhiecü puo ga?

Coronavirus khu hau kechükhu kikru kezha se puo mu kechükhu hau themia morei khunuo bie pechüwaya. Themia gei liro kechükhu hau u keha bie kethachükecü geinu vo umo bie peseikecü morei kekradie nu puyakezha MIDDLE EAST RESPIRATORY SYNDROME (MERS), SEVERE ACUTE RESPIRATORY SYNDROME (SARS) kechü hako rei pesiewaya.

2. COVID-19 hau kedipuo ga?

COVID-19 liro tsiedokinu sikelie thepetheruo thesa coronavirus khuu nunu keyie kebau te. Kechükhu mu thesa hau Rüde 2019 ki China nu Wuhan thechüu geinu pfü keyiekeshü mhodzü puo dze situoya mo.

3. COVID-19 kechüu mekalieketa kimhie di silie vi ga?

- Ruki, mezhielkecü, rükhukecü
- Huomia gei tse uchie chükecü, unyhüca khakecü, unyhüba krukecü, umezha sokecü morei nhavükecü
- Huomia gei ro thesa/kechü hau ugei keba zasi ngulieya mo mu suo phikecü rei chüya mo.
- Mia sorou(6) COVID-19 kechüu mekakelie donu mia puo(1) gei zasi suo mezhielkecü mu u keha chü rekecü ngu melieya. Ketsakechieko mu daru se u theke kebako, thakie, u zie kekhomia, u melou kethachümia morei cini kechümia suo mhaitalie vi.
- Themia ruki, rükhu mu ha reta ro daru kesimia pfhülie morosuo.

4. Kimhie di kechü hau geinu u rüguolie mu kechüu keyiewalie lho ga?

I. N dzie metei melie

U dzie metei menuolie mu hand sanitizer moro sabou mu dzü se udzie khrüwalie.

Kedipuo la ga? Hand sanitizer morei sabou mu dzü se udzie meteikelie geinu udzie gei kechükhu biekhrilieya.

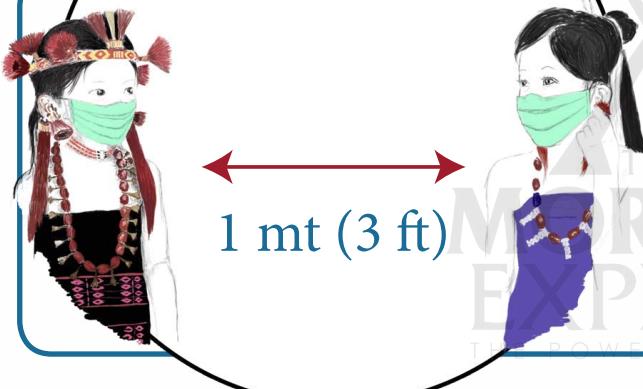


II. Mechü houko nu vo molie

Mia n khie nu tuo di rükhu morei rüthie ba ro nnie donu metre puo (3 feet) kepecielie.

Kedipuo la ga? Miapuoe rükhu morei rüthieshü ro puo tie geinu mhitsie ta kepar-u gei kechükhu tuolie vi. Mu noe süu kelhelietalie vi, mhanuü themia süu COVID-19 kechüu ba ro norei kechükhu süu ngei vortalie vi.

1 mt (3 ft)



III. U dzie se vo umhi, unyhüca mu utie bie molie

Kedipuo la ga? We udzie se mha kekra bie baya, süla simo di vo kechükhu rei biewalie vi. Mhanüü sita ro udzie geinu kechükhuu keyiepie umhi, unyhüca mu utie gei shüwalie vi.



IV. Sidi kechükhuu umo gei vota mu ubie pesuowalie vi

No mu n khieümhou nu kebamia bu rei rükhu mu rüthiekecü ki uthuo u kireilie morosuo. Süu tse rükhu mu rüthiekecü ki ubouthu se utie mu unyhü yakelie morei 'tissue' kemhie se utie yakelie pu ba. Tissue sekewa sie pie kerhubou nu shü menuowa morosuo.

Kedipuo la ga? Themia mhitsieko geinu kechükhu keyiewaya mu u kireikelie geinu kechükhu COVID-19 kemhieko rei keyiekecü khalie vi.

V. Noe ruki, rükhu morei n keha chü re bata ro darukesimia pfhü mhailie mo- rosuo

Shürho mo ba ro kinu bata morosuo. Siro khienu kekuokesemia umo shürho la medzi morokesuo khakeshüko medzilie.

Kedipuo la ga? Seyieu mu khenu kekuokesmiakoe kijüu nu mha luu hau dze pete si bayakezha la.



KETHOKEMO HUO:

- Teikele gei COVID-19 kechükhuu penyülieya.
- Dzü kemekou mu pekrie-e COVID-19 biekhrilieya.
- Dzüle se dzürülukecü geinu COVID-19 mekalie lho.
- Udzie bie pesokecü nyako(Hand Dryers) se COVID-19 hekhrilie vi.
- UV Mibou-e kechükhuu biekhrilieya.
- Zu/Tephriezu krie mu se u kenhelie ro umo gei kechükhuu biekhrilietuo.
- Chümerie cülie ro kechükhuu penyülie vi.

KETHOKECÜ HUO:

- COVID-19 hau zieru geinu kemekawalie lho.
- Phichü-nhicu rei kechüu uvalie vi. Sirei ketsakechieko, daru se u theke kebako (u keha chü rekecüko, cini kechüko, u melou kethachüko, ikevoko) , hakoe kechükhuu uva rüü mu hielie rekuotalie vi.
- Antibiotic-e 'bacteria' zo moro 'virus' biekhrilieya mo.
- Tsieketso COVID-19 thekeketuo la daru puo rei pfhü se parlie moluo.
- Biri tekecü(smoking) mu utie keya pfhe(masks) keniekese keba sekecü hau COVID-19 geinu uyalie lho mu ula kemichie rei nyi.



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Ngukelie : World Health Organization.
Kezakeshü : The Morung Express (mechü dzevi la)

Disclaimer: The above information provided in this document is solely based on the World Health Organisation's advice for the public on COVID-19 and true to the best of our knowledge. While every care has been taken to ensure accurate translation, any errors of omission or commission are inadvertent due to exigency of the current situation, and can be notified to The Morung Express.